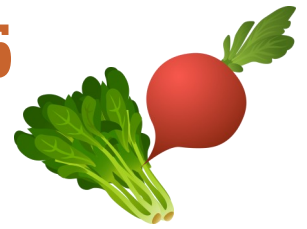


THURSDAY, DECEMBER 10, 2015

6:15-7:30 PM



HEALTHY EATING - HEALTHY LIFE

Join us to get tips and information on quick healthy lunches and snack ideas.

The City of Ottawa Community Food Advisors will share their love of food and knowledge about healthy eating.

Childcare is available for those who pre-register.

REGISTER: <http://bit.ly/1Nb7NjB>

Saint Patrick's High School

2525 Alta Vista Drive, Ottawa

