

Your Action Plan for SUPPORTING BIG EMOTIONS Yours and Your Child's

Facilitator: Joanne Boyd, Connect with Kids

This highly interactive workshop will have you working on your own and in groups to understand your emotional triggers and your child's and find better calming techniques and solutions to create more harmonious relationships in your home.

St. Matthew High School 6550 Bilberry Drive, Orleans

Thursday, April 20, 2017 7:00-9:00 PM

Register Now: <http://bit.ly/CSPAbigemotions>

