



Multicultural Support Group for Parents of Teens

Starting October 21 to November 25, 2014

Tuesdays 6:00pm-8:00pm

1355 Bank St, 7th floor.

Open to parents and guardians of teenagers from Multicultural backgrounds.

FREE 6 week group focusing on:

- Discipline
- Immigration
- Preserving Culture
- Difficult Conversations
- Safety
- And more... Come learn and share with us!



Facilitator: Angela Bretón, Psychotherapist

Light dinner and free childcare provided.

Please call: 613-247-1600 ext. 323 to register